



## Events Programme

### October

**Farm Shop Gallery :** Unlikely Heroes – Images of Landworkers by Walter Lewis

**“Unlikely heroes” Talk by Walter Lewis**

Thursday 5th October  
7 – 8:30 pm

“Welcome to my journey around local, sustainable food production. A journey among the passionate and committed....a story of unlikely heroes.”

**Silent Haven– Farm Visit**

Sunday 8th October  
2 - 4pm

This visit will introduce you to the very light touch and sensitive way of landworking that takes place at Silent Haven.

**“In Our Hands” Film**

Friday 20th October  
6:30 – 10 pm

In Our Hands explores a quiet revolution that is transforming the way our food is produced and distributed.

### November

**Farm Shop Gallery :** Unlikely Heroes – images of Landworkers

**Apple pressing in Red Lion Yard**

Friday 3<sup>rd</sup> November  
10 – 4:30 pm

Apple pressing in the community! Bring some apples and make some juice!

**Introduction to**

Going through the sourdough

**Sourdough bread making**

Sunday 12th November  
12 -4pm

process from ‘starter’ to a finished loaf we will make a wheat loaf and rye loaf to take home.

**Salad Leaf Bunting Workshop**

Sunday 19th November  
1:30 – 4:30pm

An afternoon of salad leaf printing! Using a block printing technique, we will work collaboratively to print the salad leaves that you

### December

**Farm Shop Gallery :** Winter Wildlife by Martin Goddfrey

**Family Workshop – Winter Warmer**

Saturday 2nd December  
10 – 12 noon and 2 - 4pm

Seasonal cooking, craft, play and storytelling for all ages

**Wreath Making Workshop**

Sunday 3rd December  
11 - 3pm

Create your own handcrafted wreath from nuts, seeds, leaves and flowers gathered from our land.

**West Town Farm – Farm Visit**

Sunday 17th December  
2 - 5pm

Cooking seasonal food around the campfire, exploring the trees and plants of the farm and storytelling

### January

**Farm Shop Gallery :** Winter Wildlife - Martin Goddfrey

**“Demain” Film**

Friday 19<sup>th</sup> January (tbc)

Filmmakers Mélanie Laurent and Cyril Dion travel worldwide to investigate concrete solutions to environmental and social challenges.

**Family Workshop – Winter Wassail**

Saturday 20<sup>th</sup> January  
10 – 12 noon and 2 - 4pm

Seasonal cooking, craft, play and storytelling for all ages

### February

**Farm Shop Gallery :** Seeds and Sovereignty

**Sourdough bread making**

Saturday 11th February  
12 – 4:30 pm

We will go over the basics, refreshing techniques, and work with higher hydration loaves.

**Seed to Shop Creative Workshop**

Sunday 18th February

Create an appliqué for the curtains in Harvest Farm Shop.

**Family Workshop – Winter Feast**

Saturday 24<sup>th</sup> February  
10 – 12 noon and 2 - 4pm

Seasonal cooking, craft, play and storytelling for all ages

### March

**Farm Shop Gallery :** Seed and Sovereignty

**“Seed” Film and Seed Swap**

Saturday 17<sup>th</sup> March (tbc)

This inspiring documentary follows passionate seed keepers who are protecting a 12,000 year-old food legacy.

The seed swap will be a chance to swap seeds for Spring.

**Family Workshop – Spring Shoots**

Saturday 24<sup>th</sup> March  
10 – 12 noon and 2 - 4pm

Seasonal cooking, craft, play and storytelling for all ages

## Pricing

We have tried to keep prices as affordable as we can whilst ensuring that everyone is paid a fair rate for their work. Most activities feature a reduced rate thanks to the kind support of **Okehampton United Charities**. If you can't afford the full rate please buy a ticket at the reduced rate. Do get in touch if cost is a problem.

## Transport

We are running minibus transport from Okehampton to out of town locations. Let us know if you would like to use this.

## About us

Harvest Workers' Co-op is workers' co-operative and a not for profit social enterprise.

We are bringing Good Mood Food to the people of Okehampton and beyond through the Harvest Farm Shop and Education Projects

## Contact us

[hello@harvestworkerscoop.org.uk](mailto:hello@harvestworkerscoop.org.uk)

[www.harvestworkerscoop.org.uk](http://www.harvestworkerscoop.org.uk)

## Harvest Farm Shop

5 Red Lion Yard

Okehampton, EX20 1AW

We are adding to the programme all the time. Do check our website, Facebook, the Community Food and Farming board outside the Harvest Farm Shop and sign up to our newsletter

Look out for ...

**No Dig Practical Workshop, Wild Garlic Pesto Making, Willow Harvesting and Weaving, Taw River Dairy Farm Visit, Down Farm Visit, Shillingford Organics Farm Visit, Chagfarm Farm Visit .. and more!**

We hope you enjoy what we are doing and if you are interested in a food and farming activity and can't see it here just let us know and we'll see what we can do.

Our educational events programme is kindly supported by



# HARVEST WORKERS' CO-OP

GOOD MOOD FOOD



## Events and Education Programme

*Bringing Food, Farming and the  
Community Together*